

SUMMIT SEALS & SANTA CLARITA SWIM LEAGUE SWIMMERS' CODE OF CONDUCT

- ☐ I will treat officials, coaches, teammates, and opponents with respect and avoid ridicule and sarcasm.
- ☐ I will praise my teammates and opponents just for participating, regardless of their athletic skills.
- ☐ I will remember to look for positives in my teammates and opponents.
- ☐ I will remind my teammates not to get down on themselves when things do not go well.
- ☐ I will emphasize teamwork in sports, consistently emphasizing "we" instead of "me."
- ☐ I will set a good example of sportsmanship by demonstrating positive support for all swimmers, coaches, and officials at every meet and practice.

**WINNING WITHOUT GLOATING
LOSING WITHOUT COMPLAINING**

It is imperative that swimmers conduct themselves in a proper manner. Use of profanity, verbal or physical harassment towards officials, staff, parents, coaches, or other swimmers, whether teammates or opponents, will not be tolerated.

By signing below, I agree that I have read and understand the above code of conduct. I also understand that any failure to abide by the above code of conduct may result in my being asked to leave the premises, possible exclusion from attendance at future meets, or expulsion from the Summit Seals Swim Team.

Swimmer's Signature _____ Date _____

Swimmer's Signature _____ Date _____

Swimmer's Signature _____ Date _____

Swimmer's Signature _____ Date _____